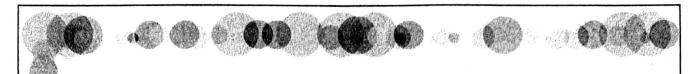
BAR HILL NEWS

May 2016; Issue 570



Bar Hill Fête SATURDAY 2nd JULY 2016

from 2pm

merging into the evening music. Headliners - Indie Tones, Stingray and Roger Roger, plus other bands.

Variety of music in the Church from 2-4.30 pm



Dog Show, Trampolines, Variety of Bouncy Castles, Merry-Go-Round, Cream Teas, and Lots of stalls.

Next fête meeting: 26th April. Come and join us if you can help on the day. Check the website www.barhill.org to see what else is going on!

FLOOD INVESTIGATION REPORT FOR BAR HILL – AUGUST 2014

The Flood Investigation Report for the Bar Hill flood event in 2014 has just been published. A copy is available on the website: www.barhill.org.

BAR HILL LITTERPICK

12th May 2016 at 10am

Meet at the Parish Council Office, where you can collect a litter-picker, bag, gloves if required and your Risk Assessment sheet. Any questions please call the Clerk on 01954 780456. See you on the 12th!

BAR HILL VILLAGE FÊTE

We are always looking for volunteers to help on fête day. We are also looking for homes that would kindly have a "For Sale" type board in their gardens to advertise fête day, which haart will donate.

If you are able to help in any way, please contact Bunty Waters on 01954 201421.

BAR HILL PARISH COUNCIL

Sue Bell, Parish Clerk: 01954 780456
e-mail: bhillpc-1@btconnect.com
Please note that the office is open to Residents between 9am–11am Monday, Tuesday and Wednesday.

Visit our website: www.barhill.org.uk
for updates on local matters.

The proposed development by the Topland Group (Bellenden) has been received at South Cambs Planning – ref S/0851/16/FL – with 21 days for comment.

Anyone can comment on this including the Parish Council. Individual letters can be sent to the Planning Officer, David.thompson@scambs.gov.uk.

Bar Hill Parish Council AGM will be held on 12th May in the Octagon at 7.00pm where this will be discussed.

Handy telephone numbers:

Streetlights: 0800 253529 – give number written on lamp post; Anglian Water (water supply and sewerage): 03457 145 145; South Cambs District Council: 03450 450500; County Council (damaged paths and roads): 01223 717111.

Deadline for June's edition: 15th May to bhneditor@yahoo.com, or see page 2 or other contact details.

BAR HILL RESIDENTS' ASSOCIATION

2015–16 COMMITTEE:

01954 780304 Roger Hall 11 Almond Grove Chair: Paul Goodfield 01954 200228 Vice-Chair: 15 Little Meadow Anil Pallan Secretary: 01954 782736 72 The Spinney 01954 781233 Treasurer: Martin Avery 34 Acorn Avenue Mike Nelson 01954 780772 6 Field View Website: 01954 780304 Committee Members: Jo Hall 11 Almond Grove

Hilary Whipp hilary@whipp6.orangehome.co.uk

BAR HILL NEWS:

Editor: Jan Cundy jan_cundy@yahoo.com 1 Hanover Close
Advertising Coordinator: Bunty Waters 01954 201421 77 Foxhollow
Distribution Coordinator: Martin Avery 01954 781233 34 Acorn Avenue

The Objectives of the Association are to act as an intermediary between Residents and other parties, to keep residents informed of matters of importance and recreation in and around the Village, and to promote the interests of Bar Hill. Opinions expressed in this publication are not necessarily those of the Association. Anonymous letters will not be published, but names and addresses may be withheld. However, these may be made available should a written request be received. This is a private publication and may not be reproduced in any way without the prior permission of the Bar Hill Residents' Association Committee.

ADVERTISING

All matters relating to advertising should be addressed to the Advertising Coordinator bunty.waters@ntlworld.com. Quarter-page adverts cost £16.50 per month and must be submitted by the 1st of the month prior to inclusion. These ads are for local businesses and we guarantee publication, but this often results in a waiting list. To help overcome this, we publish Maxi and Mini ads which appear throughout the publication. We cannot guarantee their inclusion, though, due to restrictions of space. Maxi ads (6cmx4½cm–9cmx6cm) are £8.50 per month; Mini ads (6cmx2cm–6cmx4cm) are £5 per month, and should be submitted by 15th of the month prior to their inclusion.

EDITORIAL

There is no charge for Articles, What's On, For Sale and Lost and Found, and these appear at the Editor's discretion. Please submit items by 15th of the month. All telephone numbers without an area code are Crafts Hill (01954). All items can be submitted electronically on disc or to bhneditor@yahoo.com, [a Word file is best, please] or hard copy via Parish Council Office.

- THE MAPLE SURGERY -

Tel: 01954 780442; www.mhmaple.co.uk

Surgery Opening times:

Monday, Wednesday, Thursday 7.00am*- 6.30pm Tuesday, Friday 8.30am - 6.30pm

(* appointments available from 7.30am)

On the day appointments: bookable by phone at 8.30am for the mornings and at 1.30pm for afternoons.

Midwife Thursday 2.00–4.00pm Physiotherapist Tuesday 1.00–4.30pm Podiatrist Wed. & Friday 8.45am–12 noon

and 1.00-4.00pm

Orthoptist 2nd Tues. of month 9.00am-12.30pm Cambs Hearing Help 4th Tues. of month 9.30-11.30am Out of Hours Emergencies - call 111

(Cambridgeshire and Peterborough 111 Service)
Health Visitors: (based at Longstanton Surgery):
01954 207612

Well Child Clinics: 3rd Tuesday of the month 1.00–2.30pm at the Children's Centre, Bar Hill (next to Primary School).

USEFUL TELEPHONE NUMBERS

Church Office: 01954 206120 • Community Car Scheme: 07496 465330 • Conservative Party (Iris Lay): 01954 205265 • Happy Hours (Anne Plumb): 01954 780364 • Liberal Democrat Party (Andy Pellew): 07814 871752 • Library (renewals and enquiries): 0345 0455225 • Neighbourhood Watch: 01954 201001 • Parish Council: 01954 780456 • Police non-emergency: 101 • Post Office: 01954 789285 • Pre-School: 01954 782892 • Samaritans: 01223 364455 • School: 01954 273305 • Social Club: 01954 781881 • Swavesey Village College 01954 230366 •

- NWR -

CONNECTING WOMEN WHO ARE INTERESTED IN EVERYTHING AND TALK ABOUT ANYTHING



NWR is a national women's organisation with members who enjoy lively conversations both serious and light hearted. It is for women, of all ages, who like to be informed and share ideas by actively participating in the content of

meetings. We promote friendship and self-confidence for lively minded women. We invite you to join us. Come along to one of our meetings – you would be very welcome.

12th May Clocks and Timepieces – research famous clocks and timepieces;

14th May Area Meeting – at Hemingford Abbots; 26th May It really annoys me when...? discussion –

everyone can have a go!

9th June Herbs and plants – research how herbs and

plants have been, and still are, used

medicinally.

The Bar Hill NWR group meets informally, at 8pm in members' homes on alternate Thursday evenings. We pay an annual fee of £18.00 and just £1.00 per meeting to cover local costs. If you would like more information or someone to accompany you to a meeting, please don't hesitate to call Bobby Colver on 01954 781662 or Marie-The Last on 01954 780329.

NWR can also be found on www.nwr.org.uk. Why not have a look!

HEALTH AND WELLBEING CLUB

Held in Tesco Community Room on the second Tuesday of each month, the group focuses on all aspects of promoting and maintaining good health in every area.

We start with a chair based exercise activity followed by advice from one of Tesco's departments, such as opticians, Nutricentre. This can include samples of healthy food and demonstrations. This is a unique and friendly group and is an ideal place to meet new people.

The next meeting will be on 24th May. For further information, contact Wendy Arrowsmith on 01954 781381 or Sue Kenchington on 01954 780260.

BAR HILL COMMUNITY MARKET



Saturday 7th May Saturday 4th June 10.30am – 2pm In the Octagon CB23 8EH



Entry is Free –
 Hearing Dogs for the Deaf are sponsoring cream teas in May.

All profits go to community/charity projects Refreshments and BBQ (weather permitting) If you wish to be part of the market please contact Karen Austen on 01954 781085.

- HAPPY HOURS -

In April we had a 'Put the Kettle On' day (a chance to learn more about tea and sample various teas), a 'Tell Me a Short Story' day and 'Songs from the Movies' Quiz. A belated big thank you to Dobbies for the donation of a lovely pot plant for our Easter raffle.

Sadly, two of our members, Neville Oakman and Dennis Holt, passed away in April.

There will be no meetings on 2nd or 30th May. On 9th May we start our Summer lunchtime menu.

We would welcome new members. Our Club starts at 11am until 3pm with coffee, tea and light lunches. Our aim is to provide friendship and companionship.

For the Age UK Visiting Scheme call 0300 666 9868; for Silverline call 0800 470 80 90 – especially for those who are lonely.

Anne Plumb, 01954 780364

- NEIGHBOURHOOD WATCH -

74% of burglaries are via front, back or side DOOR.



V Keep external doors locked even when you are in the house.

- V Use a key never assume that just pushing up the handle will lock the door.
- V Lock all doors when you go out, however briefly.
- V Fit a door viewer so you can identify people before opening the door.
- √ If you are not sure of a caller, use a door chain to stop anyone barging in when the door is opened.
- Use a vetted and qualified locksmith via the Master Locksmiths Association: <u>locksmiths.co.uk</u>, or 0800 783 1498.
- V Consider bolts and padlocks on side gates to deter access to side or rear doors where burglars could work out of sight. Use more than just a top bolt which might be easy to reach and open.
- V Look at <u>securedbydesign.com</u> for security tips and recommended products – e.g. an easy-to-use Patlock for conservatory or French doors, available from www.ourwatch.org.uk/knowledge/patlock.



Stops doors being opened from outside.

And finally:-

- X DON'T leave keys where someone could hook them through a letterbox.
- X NEVER leave keys under a stone, mat etc. **Pam Vendy**, NHW Village Co-ordinator

HANDY MAN VACANCY

.._.

An OAP needs general domestic and maintenance help.
Can pay £10 per hour for 1–2 hours per week.
Bar Hill location. Contact Harry on 01954 781499 evenings.

- WANTED -

Plastic dolls for Reception Class at Bar Hill School. Please contact Jo Hall, 11 Almond Grove; tel: 01954 780304.

- LETTERS -

Dear Editor

Do readers, like me, have 'stuff' around their home they'd like to sell, but can't be bothered to put it on selling sites because they don't want to have to sort out postage and packing, and don't want to pay fees to sell them? Well I was thinking about ways round this and have come up with an idea. I've set up a Facebook group called Bar Hill Buy & Sell. If you're a resident of Bar Hill, this is a group for you! You can list your item, and people living locally can buy it and collect from you at a time that suits you both. That means you don't have to worry about wrapping and posting the item. Also it's free to advertise your item(s), which means there are no seller fees. It's just a direct sale - you put your item up with a photo, a price and description. If a person wants to buy it, they message you and you arrange for them to collect. They come, pay you the money and then take the item. Easy! What the group isn't: It isn't somewhere to advertise your services (e.g. plumber, electrician, man with a van), enrol people (e.g. business opportunity, social clubs, fundraising etc.), sell through a company (e.g. slimming products, Avon, Betterware etc.), or advertise your event. Anyone posting these will have ads removed and be blocked from the group.

Basically, it's just a hub for local residents to sell items they no longer want to people who live in the area in a straightforward and easy manner.

As I said earlier, there are no fees – it's just a way to sell things locally as a first option before going down the ebay route – or the tip! Find us at www.facebook.com/groups/barhillbuyandsell.

I've put a couple of items on to give you an idea of how it works. Hopefully you'll find it useful.

Thanks for reading.

James Murphy

Dear Editor

In January I received an invitation to be a recipient of Maundy Money from Her Majesty Queen Elizabeth at St. George's Chapel, Windsor, on 24th March. As HM is about to celebrate her 90th birthday the invitation was for 90 ladies and 90 gentlemen and each were able to take a guest.

We each received two purses, a red one containing a £5 coin specially minted for The Queen's 90th birthday and a 50p coin minted for the 950th anniversary of the Battle of Hastings, and the white purse containing special tiny silver coins which added up to 90 pence. I shall certainly treasure these.

There was a lot of pageantry — Beefeaters and officers in dress uniforms — something we do so well in this country. The Service was wonderful and we elderly folk sang well-known hymns with gusto led by the Chapel Royal Choristers and the Choir boys from St. George's Chapel. After the Service we were taken to Windsor Castle for a Reception and Lunch and had the opportunity to mix with other guests from Diocese throughout the UK. It was an experience I will never forget and I felt highly honoured to be part of it.

Eileen Norton

Eileen is a former resident of Bar Hill.

Dear Editor

It has become increasingly frustrating and irritating with planes regularly carrying out acrobatic manoeuvres above or near Bar Hill. I've been a resident for many years and am certain the acrobatic manoeuvres have only occurred over the past year or two. When the planes are carrying out their display, the noise is extremely grating and disturbs any chance of peace and quiet I have in the garden, or even in the house. There is little respite as the display can go on for up to half-an-hour, sometimes several times a day. In particular, the racket when carrying out the loop-the-loop manoeuvre is the most obtrusive noise of all and often gives me a headache. There is currently no recourse for stopping planes practising their manoeuvres.

What I would like to understand is:

- Where are these planes based? A new airfield?
 The number of planes flying over Bar Hill in general seems to have increased dramatically over the years.
- Why are they allowed to performs acrobatic manoeuvres over or near residential areas? Surely this has serious safety concerns in addition to noise pollution. I'm thinking of the recent Shoreham air crash as an example.
- How can we put a stop to this irritating noise pollution and enjoy peace and quiet in our own homes? Petition the air base? Petition local councillors?
- Is this happening in other villages or does Bar Hill have special status for this nuisance?

I am a fan of planes and have been to numerous air displays. However, there is a time and a place to see them, which is not when trying to relax in your own home or garden. If this activity is so crucial – which I doubt – I'm sure there is plenty of open space away from residential areas where manoeuvres could be performed. Your help on this would be much appreciated.

M Allen, Appletrees

I have published Mr Allen's letter, but I'm not entirely clear on what he thinks I'm able to do. BHN is happy to hear other readers' opinions and possible solutions. We would also be glad to hear whether Mr Allen makes any progress in his battle with noise. Many residents will remember low-flying planes from Oakington in the early years of Bar Hill's history.

Dear Editor

'Bar Hill matters', a Facebook social networking group with over 240 members, welcomes readers to join and interact, or just read what is posted. Hope you find some interesting content. **Brian Halls**

BAR HILL BOOK CLUB -

Next meeting:
Tuesday 24th May at 7pm at The Fox
All very welcome.
Contact Sheila: 07920 558319;
sheilafarrar@hotmail.co.uk.

BICYCLE REPAIRS & SERVICING 07914 655086

COUNTY COUNCILLOR - NOTES -

Devolution – on 16th March, as part of the Budget, the Chancellor announced details of an East Anglia Devolution Deal proposal covering Cambridgeshire, Peterborough, Norfolk and Suffolk. Leaders of all Councils in the area committed to take the proposals to their councils in order to decide if they wish to progress this devolution deal. Cambridgeshire County Council met on 22nd March and resolved to inform the Secretary of State that it did not consider that the deal, in its current form, was acceptable. **NHS National Diabetes Prevention Programme** [NDPP] - this programme is part of the NHS 'Five Year Forward View', a joint initiative between NHS England, Public Health England and Diabetes UK. The NDPP will identify, primarily through the NHS Health Checks Programme, those at high risk of type 2 diabetes. A referral to a bespoke local lifestyle service [funded by NHS] England] will be offered to encourage behaviour change which will help to reduce the risk of developing Type 2 diabetes.

Smart Cambridge – the Smart Cambridge programme has been allocated £300,000 by the Greater Cambridge City Deal Executive Board to develop a smart city management platform which will use data and emerging technology to help to tackle city challenges. Smart Cambridge will involve citizens to find creative ways to help reduce congestion, improve air quality and deliver health care.

The Queen's 90th Birthday — on 21st April, beacons will be lit all over the United Kingdom to honour The Queen's 90th birthday. The Council will hold its own event at Shire Hall starting at 7pm. The beacon will be lit at 7.30pm on Castle Mound and there will be music from the Salvation Army Band. This will be a public event and all are welcome. If you would like to know more about what's happening at the County Council, please let me know — lyndaharford@icloud.com— and I will add you to the circulation of the full report I write monthly for parish councils. You can also follow me on Twitter: @2whit2whoo.

County Councillor Lynda Harford

-8 O'CLOCK CLUB -

The 8 O'Clock Club is an all-women's group which meets on the first Thursday of the month in the lounge in the school.

We have a variety of speakers as well as a garden party, a birthday party and a Christmas meal.

5 May: to be confirmed;

2 June: garden party - members only;

7 July: living with a motor home;

4 August: no meeting - school closed.

If you would like further information, please phone Barbara on 01954 204171, Adela on 01954 204265 or Ann on 01954 204687, or come along to one of our meetings, we would be very pleased to see you.

- SEWING SERVICE -



If you have a sewing job you don't fancy doing — or feel you can't do — please call Lynn on 01954 201113 and she'll see if she can help.

- GIRLGUIDING IN BAR HILL -



Rainbows (aged 5–7 years) meet on Monday and Wednesday; Brownies (aged 7–10 years) meet on Tuesday and Wednesday; Guides (aged 10–15 years)

meet on Wednesday.

If you would like to join in the fun, please register at www.girlguiding.org.uk/interested or e-mail barhillguiding@gmail.com.



Swaffham Bulbeck Summer Theatre proudly presents 'THE PIRATES OF PENZANCE'

by Gilbert and Sullivan

Wednesday 15th – Saturday 18th June 2015 Evening performances at 7.30pm and a Saturday matinée at 2.30pm

Doors open 45 minutes before each performance Downing Farm, Station Road, Swaffham Bulbeck, Cambridge CB25 0NW

Ticket prices Wednesday £8, Thursday £9, Friday and Saturday £10, matinée £7,

via our website <u>www.sbsummertheatre.com</u>; or from Caille Peri 07541 554845; e-mail <u>sbst.tickets@gmail.com</u>. *On-site parking; facilities for wheelchair users; licensed bar*

For further information contact Ruth Dennis on 01638 730659 or info@sbsummertheatre.com.

BAR HILL CRICKET CLUB



Our season is off and running – with Saturday league fixtures, Cambridge Business Houses League midweek fixtures and Sunday friendlies to keep us occupied between now and the end of August.

We welcome new players of all abilities – just call me on the number below if you are interested.

A big part of the club is also our youth training sessions. These will be on Wednesday evenings from 6–7pm every week from 4th May on the Village Green. The sessions are open to youngsters of all ages and no previous experience is needed. The sessions are run by qualified coaches, who have undergone all the necessary training and vetting, led by our youth manager Dave Allsopp. Joining our youth scheme costs only £15 per child for the whole season, with no weekly fees!

It's not just on the pitch that we'll be busy — we're planning a club Open Day in June to attract new members, and we'll also be active on fête day. For information on all aspects of the club, visit www.barhillcricket.org.uk. We also have a Facebook page and you can follow us on Twitter @BarHillCC May fixtures:

Saturday 7th May: Cambridge St Giles III (H, league) Sunday 8th May: Camden (H, friendly)

Wednesday 11th May: BAS (H, midweek)

Saturday 14th May: Coton (A, league)

Wednesday 18th May: Comberton (H, midweek)

Saturday 21st May: Over II (A, league) Saturday 28th May: Fordham III (A, league)

| Sunday29th May: Camden (A, friendly)

Paul Stimpson, 01954 201212

CHURCH MATTERS -



Sun. 22nd

Bar Hill Church is a Local Ecumenical Partnership of five denominations – the Church of England, the United Reformed Church, the Methodist Church, the Baptist Union and the

Society of Friends. The Minister is Charles Mather, who may be contacted on 01954 277119 or charlesmather 20@yahoo.com.

Everyone is welcome to attend our services which, in May, will be held at the following times:

Sun. 1st 10.00am Holy Communion 6.30pm Evening Prayer

Thurs. 4th 7.30pm Service for Ascension Day

Sun. 8th 8.00am Holy Communion 10.00am Morning Worship

6.30pm 'ReBoot' Contemporary Worship

Sun. 15th 10.00am Holy Communion

6.30pm Evening Prayer for our streets, Acorn

Avenue and Little Meadow 10.00am Big Sunday Worship

6.30pm Holy Communion

Weds. 25th 10.00am Midweek Holy Communion

Sun. 29th 10.00a.m Morning Worship with a speaker

from the Salvation Army about their anti-

slavery work
6.30pm Evening Prayer

Totzone, a group for pre-school children, is available during 10am services.

10am services are followed by tea/coffee, and there is a Traidcraft stall selling a range of fairly traded products.

Prayer for Streets: Each month we pray for people in two streets. During April we will be praying for Acorn Avenue and Little Meadow. If residents have a particular prayer request for themselves or their family they are welcome to email Ginny on outreach@barhillchurch.org.uk. Residents of these roads are also invited to tea and cake at 6pm on Sunday 15th May followed by an informal service of Evening

Groups for Adults:

Prayer.

Home Groups: Various groups meet in homes around the village and provide an opportunity to discuss Christianity with a friendly group of people and to enjoy one another's company. Most groups meet twice a month. If you would like to know more, please contact Bob Chappell on education@barhillchurch.org.uk; 01954 200987.

Art Group: Whether you are a complete beginner or an experienced painter, this group will give you a warm welcome. It meets on Wednesday afternoons throughout the year from 1.30–4pm in the Church. Meetings are very informal, with occasional visits from tutors. If you are new to painting, materials are available to borrow to help you get started. For further information, please contact Jan Hewins on 01954 201495.

Bring Your Own Craft Group: The craft group is open to anyone who enjoys or would like to start knitting, crochet, card-making or any other creative crafts. We

meet in the Octagon from 2.15 to 4.45pm one Saturday each month for a couple of hours chatting, crafting and enjoying a chance to unwind. Please bring your own craft activity and materials – refreshments are provided. Dates: 28th May, 25th June, 23rd July, 24th September. Contact Wendy on 01954 782041 for more details.

Knit and Natter: This is a long-established group which meets weekly on Thursday afternoons from 1.15–3.30pm in the Octagon. We are a friendly group who support one another, and other groups who need our help. We send hats, jumpers and blankets to wherever they are needed throughout the world. We hold a number of events during the year, including outings, coffee mornings, a Christmas lunch, and 'Holiday at Home' at Easter. Everyone is very welcome, whether to knit, or just to chat and meet new friends. For more information, please contact Sue Kenchington on 01954 780260.

Coffee Stop: This group is run by volunteers on Wednesdays from 10am—midday in the Bar Hill Library. Coffee, tea and biscuits are served at a modest price. We aim to provide a friendly meeting place to chat with friends old and new. The Coffee Stop is used regularly by the Bar Hill Health Walkers, and by members of the Horizon Group. We are grateful to library staff for accommodating us and would love to welcome new people to join us. We encourage everyone to borrow a library book regularly to help keep this facility available for our village. For more information, please contact Sue Kenchington on 01954 780260.

Eco Group: The group meets for an hour in alternate months to think about how we, as a local community, can best use our world's resources both for our own benefit and for that of future generations. Our next meeting is on Sunday 8th May, 11.30–12.30 in the Church (the TNT Room in the main building), and you would be very welcome to join us. For further details, please contact Marguerite on ecogroup@barhillchurch.org.uk.

Music Group: This group meets at 7.30pm on most Friday evenings in the Church to practise the music for Sunday services. If you sing or play an instrument, you would be very welcome to join us. For further details, please contact Bob Chappell on education@barhillchurch.org.uk.

For Children:

Messy Church: This group for pre-school and primary age children and their carers meets in the Octagon from 3.15–5.15pm on the 3rd Wednesday of each month. Each session begins with craft activities followed by a story and song on a Bible theme, and ends with a simple meal. For more information, please contact Heather at cyp@barhillchurch.org.uk.

Holiday Club: This will take place from Monday 25th July – Friday 29th July 2016 and is open to all children of primary school age. Please contact Claire Thorby at cypadmin@barhillchurch.org.uk for a booking form. The closing date for applications is 5th June.

For Children and Young People:

Café Church: As an alternative to the Sunday morning

CHURCH MATTERS -

service, the children and young people meet in the Octagon on the 1st and 3rd Sundays for breakfast, worship and a learning activity. Kidzone for primary school children only is on the 2nd Sunday morning in the Octagon. A crèche is also available during morning services, in the meetings room.

For Young People:

ReBoot (2nd Sunday of the month): This informal evening service, held from 6.30–8.00pm, is for adults and young people. It begins with cake, biscuits and drinks and uses contemporary music and format.

Cell Groups: These groups of young people meet once a month to learn about the Bible and the Christian faith.

Youth Socials: An opportunity to relax and play games (including Wii, Pool, Table Tennis), or themed parties on the 1st Sunday per month from 7.15—9.00pm in the Octagon (school year 7–8s may be collected at 8:30pm).

Soul Survivor Camp will take place from 13th to 17th August at the Bath & West Showground near Shepton Mallet. Over 20 of us go every year (age range 14+) and have a super time and fantastic food. For more information about any of these and other activities for children and/or young people, please contact Heather at cyp@barhillchurch.org.uk.



CHRISTIAN AID WEEK 2015

From 15th to 21st May, volunteers from Bar Hill Church will be delivering Christian Aid Week envelopes throughout the village. Unlike some charity collectors, they gain no personal benefit from calling on you. Last year about £2,940 was raised in Christian Aid Week in Bar Hill. Please help us to reach an even better total in 2016.

In our village we have many things we take for granted – among them enough to eat, well-built homes, clean water and free education. Christian Aid runs projects to help people in the third world who lack such things. To support the collection, please put your contribution in your envelope ready for collection. If you are a tax payer, fill in the Gift Aid declaration to make what you give worth 25% more. Do answer the door to your collector politely; a few residents do not welcome those who give up their time to help others.

Some residents have notices on their doors requiring buyers and sellers not to call on them. Those who display notices banning cold callers or charity collectors will not be visited.

HONEYBEES FENCING COMPANY

Fence Erecting, Gate Making, Bird Tables, Hutches 7-day call out for wind damage.
Please contact Lee on 07704 474222;
or: leehoneybourne406@btinternet.com.

THE CATHOLIC CHURCH OF OUR LADY AND THE ENGLISH MARTYRS

Hills Road, Cambridge

The Catholic Church serving Bar Hill

Parish Priest: Mgr Peter Leeming
Local contact: Bunty Waters
Monday, Wednesday, Thursday, Friday
Tuesday
Saturday
Tel: 01223 350787
Tel: 01954 201421
8am and 12.15pm
8am and 7.30pm
6pm. First Mass of

Sundays

Masses in the Parish Church in Cambridge; also 5pm at Cambourne and 6pm at The Octagon, Bar Hill.

Holydays of Obligation

8am, 10am, 7.30pm

Sacrament of Reconciliation

Tuesday 6.45pm (not after Mass) Saturday 10.30–11.15am, 4.30–5.15pm,

7.00-7.45pm

Details of other services are published in a weekly newsletter available at the 6pm Mass each Saturday. Copies are also available in the Church Centre.

- OPPORTUNITIES -



- JOB VACANCIES -

We are currently looking to recruit for the following positions for the Hotel:

- · Restaurant Manager;
- Restaurant Supervisor;
- Food & Beverage Assistants;
- Conference & Banqueting Porter (daytimes & evenings);
- Commis Chef minimum NVQ Level 2 Food Preparation;
- Receptionists;
- Housekeepers flexible hours around school hours;
- · Night Porter.

Previous experience preferred. Competitive rates of pay. Company benefits.

For further information please contact Emily Spenceley, Hotel Administrator Tel: 01954 249944; or email your CV to: Cambridge.admin@hallmarkhotels.co.uk.

THE ROYAL BRITISH LEGION BAR HILL BRANCH

The Royal British Legion Bar Hill meets on the 4th Thursday of each month in the Meeting room of the Octagon from 7.30pm.

We are a small friendly group of like-minded people. You don't to have an Armed Forces background to join, just share a common cause of supporting our Service community, now and for the rest of their lives. Contact Wendy Arrowsmith, Branch Secretary, 01954 781381 for more information.

BAR HILL

BAR HILL VILLAGE HALL

- · Conference Facilities:
- Seminars;
- Committee/Meeting Room;
- Training Days;
- Exam Sessions;
- Wedding Receptions;
- Birthday Celebrations;
- Anniversary Celebrations;
- Charity Events;
- Children's Parties;
- Jumble Sales.
- Kitchen Facilities.
- Excellent Parking and Catering Facilities.

During the week we have the following groups and clubs:

Monday	Helene Jones Dance	4.00-8.15pm
-	(school term time only)	
Tuesday	Shotokan Karate	5.45-8.00pm
Tuesday	Danielle (Boot Camp)	8.00-9.00pm
Wednesday	Helen Jones (Dance)	4.00-6.45pm
Wednesday	Zumba	7.00-8.00pm
Wednesday	Pilates	8.00-9.00pm
Thursday	Pilates (term time only)	10.00-11.00am
Thursday	Weightwatchers	7.00-7.50pm
Friday	Stage Starz (term time or	ily) 5.45-6.45pm
Friday	Martial Arts	7.45-9.00pm
Saturday	Sweat and Tone	8.00-9.00am
Sunday	Bingo (doors open 7pm)	7.30-9.30pm
	Cash prizes	

If you wish to book any of these facilities, or get more information, please call 01954 782414 and leave a clear message. We'll call back within 24 hours Monday—Friday); or e-mail barhill.villagehall@btconnect.com.

We look forward to hearing from you.

HOLIDAY AT HOME 2016

"Holiday at Home" this year welcomed up to 60 guests a day for three days, mostly older residents of Bar Hill and also their friends. They were helped to have a three day "holiday experience" by around 40 volunteers who willingly gave their time, expertise and enthusiasm. Anyone believing that old age is a time for settling down to aches and pains and boring, lonely days should have seen the fun, creativity and laughter that rang through our church buildings. We haven't forgotten how to enjoy ourselves!

A tribute is rightly due to the "crew" who pulled out all the stops and worked so hard to ensure that every activity ran smoothly, every meal a gastronomic delight and entertainment to enjoy. Thank you crew! We were lucky too to have help from our Tesco Community Champion, Karen, to help with some of the catering challenges and glad to have her at our side. But also thank you to our guests for joining in everything with great gusto.

The next "Holiday at Home" will take place around Easter in 2017. Perhaps there is someone who would like to join the fun as a guest or help us by offering a skill for an activity or some home-made cakes.

A huge thank you to all who shared in this event. Sue Kenchington

BAR HILL SPORTS AND SOCIAL CLUB



The Sports and Social Club is situated on the top floor of the Village Hall. You can watch live sports on our two large HD TV screens, play pool, darts, skittles and cribbage, or enjoy a drink in our quiet lounge bar.

Visit our website, <u>www.bhssc.org.uk</u> or join us on Facebook, at Bar Hill Sports & Social Club.

What's on in May?

Sat. 14th Membership Draw Sat. 28th Membership Draw Mon. 30th Monthly Quiz

Looking Ahead to June...
Sat. 11th Membership Draw

Sat. 25th Membership Draw Mon. 27th Monthly Quiz.

Bar Hill Saturday Teams home games

No home games in May.

Bar Hill Ladies Sunday home games – K/O at 1400 1st May v Fulbourn Bluebirds

Not a Member?

New members are always welcome. Join now for £10, Seniors £5. Pop in and have a look around. Please ask the bar staff for a membership form. See our website for opening times.

BHSSC, 01954 781881

MAUNDY MONEY FROM HER MAJESTY

In January I received an invitation to be a recipient of Maundy Money from Her Majesty Queen Elizabeth at St. George's Chapel, Windsor, on 24th March. As HM is about to celebrate her 90th birthday the invitation was for 90 ladies and 90 gentlemen and each were able to take a guest.

When we entered the Chapel the first person to greet me was the Rt. Rev. John Inge – now Bishop of Worcester – whom I know well from his time as a Canon in Ely. He is The Royal High Almoner and hands the purses to HM to give to the recipients. When they got to me, John introduced me to the Queen and told her I was from Ely. She knows the Cathedral well and said what a beautiful place it is.

We each received two purses, a red one containing a £5 coin specially minted for The Queen's 90th birthday and a 50p coin minted for the 950th anniversary of the Battle of Hastings, and the white purse containing special tiny silver coins which added up to 90 pence. I shall certainly treasure these.

There was a lot of pageantry – Beefeaters and officers in dress uniforms – something we do so well in this country. The Service was wonderful and we elderly folk sang well-known hymns with gusto led by the Chapel Royal Choristers and the Choir boys from St. George's Chapel. After the Service we were taken to Windsor Castle for a Reception and Lunch and had the opportunity to mix with other guests from Diocese throughout the UK. It was an experience I will never forget and I felt highly honoured to be part of it.

Eileen Norton

Eileen is a former resident of Bar Hill.



The Farmhouse Gladeside Bar Hill, Cambridge CB23 8DY

01954 789 344 Gift vouchers always available Aromatherapy, Massage
Indian Head Massage, Reflexology
Hot Stone Massage
Hopi Ear Candles
Facials,
Manicure & Pedicure, Gel Polish,
Minx Nails
Lash and Brow Treatments
St Tropez Spray Tan, Waxing
Hairdressing

email: total.relaxation@ntlworld.com www.total-relaxation.co.uk

PEASGOOD & SKEATES

THE FAMILY FUNERAL SERVICE

Personal care & attention
24 hours a day by local, qualified staff

Traditional & Contemporary Funerals

Memorials

Pre-Paid Funeral Plans

Off Road Parking

617 Newmarket Road CAMBRIDGE CB5 8PA

Please call: (01223) 415255

www.peasgoodandskeates.co.uk

Village Vet

RCVS

The vet your pet would choose

Longstanton

34 High Street, Longstanton CB24 3BS 01954 780027

Cottenham

66 High Steet, Cottenham CB24 8SA 01954 252122

Milton

26 Cambridge Road, Milton CB24 6AW 0845 500 4 24 7

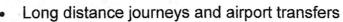
24 hr emergency: 0845 500 4 247

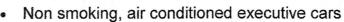
www.villagevet.co.uk



AIRPORT CARS CAMBRIDGE









- 5 to 8 seater MPV for family holidays
- Cruise terminals & Eurostar
- Visit our website www.airportcars.uk.net

For the most competitive quote call:



VISA

01954 782822 / 07411 593527

jamesairportcars@gmail.com

Bar Hill Motors

20, Viking Way (next to Tescos)



For all your car care needs

The air conditioning has had a hard summer! Has it been serviced in the last two years? If not, we can help with our Qualified Staff and equipment Opening times

Mon. To Fri. 8.00am - 5.30pm Sat. 8.30am - Noon Closed Sun.

781132



Alan's Carpets

- * Home selection Service
- * Over 40 Years Experience
- * FREE quotes Priced right
- * Extensive range of Quality Samples
- * Room sized Roll ends Carpets & Vinyl
- * Orders fitted within days, not months
- * Showroom now open at 1 Station Road, Swavesey

Swe E's
Discount
Prices

Alan Shrimpton



Phone 01954 232298 or 07790 544250

RedLocks Locksmiths



Your local lock smith

Locked out? All locks opened, fitted, repaired and replaced

- Garage doors
- UPVC door & window specialist
- Safes fitted and opened
- All work guaranteed
- 24 hour service
- CRB/DBS checked

SERVICING BAR HILL AND SURROUNDING AREAS

Student and OAP discounts

freephone 0800 8 247 047

t 01954 202818

m 07784 240 970

w www.redlocks.co.uk
e info@redlocks.co.uk



Bar Hill's Newspaper Delivery Service

ANY NEWSPAPER, ANY DAY OF THE WEEK DELIVERED TO YOUR DOOR BY 7.30AM.

£1.00 - SATURDAY + SUNDAY

£1.50 - MONDAY TO FRIDAY

£2.00 - MONDAY TO SUNDAY

PLUS THE PRICE OF YOUR SELECTED PAPER

SET UP IN 2011 WE DELIVER TO HOUSE HOLDS AND BUSINESSES IN BAR HILL, OFFERING YOU A SIMPLE, RELIABLE SERVICE FOR A GREAT PRICE.

Tel: 07814754520 INFO@YOURLOCALPAPERBOY.CO.UK

ELITE

TEL: 781937 MOB: 07986392611

43 THE SPINNEY BAR HILL CAMBRIDGE, CB3 8ST

- * FULL BATHROOM AND KITCHENDESIGN & INSTALLATION
- * ALLASPECTS OF FLOOR/WALL TILING
- * SUPPLY & FIT OR LABOUR ONLY
- * LAMINATE WOOD FLOORING
- * FREE QUOTATIONS AND ADVICE
- * QUALITY WORK GUARANTEED

WE CAN ALSO LOOK AFTER ALL YOUR PROPERTY MAINTENANCE REQUIRE-MENTS

e-mail: dean.mills2@hotmail.co.uk

AB Plastering

- Local Tradesmen with over 30 years' experience
- All aspects of internal and external plastering work undertaken
- Quality & Reliability & Professional Service
- Competitive Prices
- Testimonials & photos available
- · No job too small

Office: 01954 780894 Mobile: 07800 871738

Email: abplasteringservice@gmail.com

Please call or email for a competitive quote

KH Flooring services

Domestic & Commercial Installers & Suppliers

HOME SELECTION SERVICE

CARPETS / VINYL

Karndean / Amtico

Altro safety flooring (wet rooms /

kitchens)

Laminates and Wood Flooring

FREE Quotation No Obligation EMAIL: flooringquotes@aol.com

GALL 01954 780570 9:00am-5.00pm

Mob : 07801542378 8.00am - 6.00pm day time

Bar Hill CB23 8TF







A Barrett Electrical

Competitive Prices and First Class Service

All Types of Electrical Installation, Maintenance And Repairs including testing and inspection

Domestic, Industrial and Commercial

Ba Bar Hill Resident 38 Years

- New Build Installations
- Rewires
- Extensions
- Smoke Detectors
- Lighting
- e Power

- Security Lighting
- · Call Outs
- Testing / Inspections
- Data Wiring

Consumer Units

Heating/Showers

85 Stonefield, Bar Hill, Cambridge, CB23 8TE Mobile: 07735615871

Emai - barretts11@msn.com

Elecsa Reg No: EFP32673

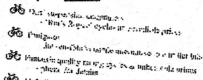


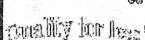
Bar Hill's local cycle centre 2 Thornton Way, Girton (Just of Huntingdon Road)

- To Professional, knowledgeable and friendly service
- Top quality, competitively priced repairs
- ♦ Wide range of spares/accessories available
- 🕉 Cambridge's only 5 Star Magura Service Centre
- 30 Stockists of Magura Hydraulic brakes
- Probably best range of commuting bicycles in town
- 60 Good selection of quality hybrid and mountain bikes
- 36 BMX and children's bioyeles also available:

Giant, Haro, Mongoose, Halfy & Diamond Back

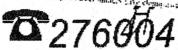
- Good quality secondhand cycles always available
- 66 Plenty of parking





Cambridge Stockist of

<u>GUANT</u>



Come and visit us; we will make you welcome



MOBILE: 07702 895673

TEL: 01954 789478



LOCAL ELECTRICIAN

01954 789064

- Fuse Boxes
- Showers
- Extra sockets
- Lights
- Heating controls



stamp.electrical@ntlworld.com

GROUP FITNESS FOR ALL AGES

SHAPE N TONE

Mons 6.30pm-7.15pm, Church, Bar Hill Weds 6.30-7.15pm, Church, Bar Hill

THE FITNESS CLASS

Mons 7.30-8.30pm, The Church, Bar Hill Thurs 6.15-7.15pm, Oakington Pav

OVER 55S CLASS

Tues, 10-11am. The Church, Bar Hill Frids 10-11am, Oakington Pav

£4.50 A CLASS / £36 FOR 10 CONCESS £3.50 A CLASS, £30 FOR 10

Call Simon on 01223 236945

or visit www.bodyinmotionpt.co.uk

Free First Class

Oakington Therapy Centre

76 Gilbert Road Cambridge CB4 3PD

Osteopathy Sports Massage

with

Roger Giddings Emma Bicknell Mike Salt

01223 237459 www.physic.co.uk

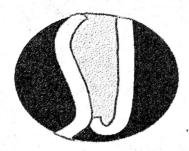
Power Tool & Plant Hire, Sales & Repairs M. P. Harvey 119-123 Middlewatch, Swavesey

Tools for all your requirements: Decorating, building, gardening, breaking and DIY
Service agents for: Black & Decker - Stayer - Ryobi - Elu - Fein - Dewalt Power Tools.
All other tools and small plant repaired, including Kangos, disc cutters and generators
Open: Mon. - Fri. 8am - 5pm, Closed Wed. pm, Sat. - 8am - 12noon

Adults & Children's bouncy costles now available

Tool Hire

Mixers, Compactor plates, Kango hammers, Floor sanders, Belt sanders, Orbital sanders, Angle grinders, Drills, Saws, Carpet cleaner, Wallpaper steamers, Tile cutters, Acrows, Mowers, Rolavators, Hedge trimmers, Pumps 20206113



Steve Jolley Plastering & Tiling

6 Foxhollow Bar Hill Cambridge CB23 8EP

Home 01954 780445 Mobile 07727 203626

T.N. Walsh (AIP-RP)

Plumbing and Heating

Tel: 01954 780252

Mobile: 07887 561525

All plumbing and heating work, including power flushing

Acorn Avenue, Bar Hill, Cambs, CB23 8DT

24 hour service...No call out charges!





23354

026851

Est. 1989

ARCHITECTURAL DRAWINGS

FOR

PLANNING & BUILDING REGULATION APPLICATIONS

NEW PROPERTIES, EXTENSIONS, LOFT CONVERSIONS ETC

CONTACT US now to arrange a <u>FREE</u> on-site meeting at your convenience to discuss your project.

ELY DESIGN GROUP

'Architecture By Professionals'

www.elydesigngroup.co.uk/bhn.php
Tel: 01353 649649 Mob: 07939 158482
mail@elydesigngroup.co.uk

AIR CONDITIONING • AIR COMPRESSORS • STEAM CLEANERS • WELDERS GENERATORS • POWER TOOLS • WORKSHOP EQUIPMENT • TOOLS

ELLIOTTS Masters in Machinery

Tel: 01954 20 20 20 Fax 01954 78 28 01

e-mail: sales@elliotts.co.uk www.elliotts.co.uk

Unit 44, Viking Way, Bar Hill, Cambridge, CB23 8EL

LJS AUTOS

- * Quality used car sales from £500—£5,000
- * Petrol & diesel / big & small / warranties available
- * Cars bought for cash
- * Nationwide vehicle collection & delivery
- Breakdown recovery service

Contact Lee Shrimpton on 07790681317 or 01954 231996



- FRIENDS OF THE ROSIE -

The Friends of the Rosie Hospital are helping to make the Rosie a more comfortable environment for mothers and babies. If you have any toy stuffing or yarn we are in urgent need of your donation. For up-to-the minute information follow Rosie in Stitches Facebook page.

At our Annual General Meeting in March, we were told that during 2015 we spent £11,780 of your valuable donations on three apnoea monitors which help with babies' breathing, also three movable breast pumps, and

The Tea Bar sold a massive £725.80 of knitted toys and clothes, nearly half of Rosie in Stitches total income. After expenses Rosie in Stitches income was £1,624.85. Anna Shasha, Head of Midwifery, expressed her appreciation of the equipment we had bought. The wooden cots look lovely. She suggested that we could provide small things like transfers on walls which make a huge difference to the appearance of the rooms. Read more on the AGM 2016 page of our website www.rosieinstitches.org.uk.

Our profit for 2016 is currently £365. Thank you for your custom at our recent stall at Addenbrooke's, where we raised a further £174, doubling our takings for the year. You can shop with us again at the following upcoming stall dates:

Tea Bar, Rosie Hospital Outpatient Clinic Monday-Friday 9am-4pm.

Farmland Museum Craft Fair, CB25 9PQ Monday 2nd May 10.30am-4pm.

If you can improve our website, organise the three large stalls per year at Addenbrooke's Outpatients, provide transport for our volunteers or display a small selection of our wares please contact a member of the committee, details are given on our website.

Thank you for your continued support.

Bar Hill Fête RAISING MONEY FOR

At Bar Hill Fête there will be music all afternoon and this year's stall is bargain books and bags. Thank you for your support at the Christmas Fayre, where we raised £100. Contact Sarah Adams:

CANCER RESEARCH UK

Sadams@chesterton.cambs.sch.uk.

- MAPLE SURGERY NEWS -

Tel: 01954 780442

www.mhmaple.co.uk

Online Appointments and Repeat Prescription Requests - registered patients can now book GP appointments and order repeat medications on the Surgery website www.mhmaple.co.uk. Please call in to the Surgery with one piece of photo ID to obtain your username and password. We can now also offer online access to coded data in patient records, please call in to the Surgery for more information.

Emergency/On the Day Appointments - please remember that morning emergency/on the day appointments may be booked weekdays from 8.30am and afternoon appointments from 1.30pm.

Test Results - telephone requests for blood results will only be accepted after 2pm.

Repeat Prescriptions - please do remember to allow two clear working days for your repeat prescription requests to be processed. We are unable to accept any medication requests by phone. You may order repeat medications on our website, via our dedicated e-mail maplesurgery.repeats@nhs.net or put your completed repeats slip into the grey repeat prescription box located on the wall in the front entry foyer of the Surgery. Shingles Vaccinations – if you are aged 70, 71, 72, 78 or 79 on 1st September 2015, please contact the Surgery to arrange an appointment with the Practice Nurse. Please remember that you have this vaccination only once in your life.

Free NHS Health Checks - if you are between 40 and 74 years old and have not had an NHS Health Check in the last five years, please contact the Surgery to book your check with the Nurse now.

Leaving the Surgery - we were sorry to say goodbye to our Medical Secretary, Vicki Virgo, who left us at the beginning of May. We would like to thank her for her dedicated work over the past 6 years and wish her every success in the future.

The Maple Swigery Team



GUITAR & BASS TUITION

inc. Guitar Repairs

Steve Beaney

01954 260851 07929 888128

BAR HILL BABY AND TODDLER GROUP



This is held on Wednesdays and Fridays from 9.45-11.15am at the Octagon. It is for families and carers with children aged 0-4 years, with a variety of toys and activities for toddlers and pre-schoolers,

and a baby area with mats and age appropriate toys. Drinks and snacks are provided.

Prices: Under Ones - £1.00 (or FREE when paying for a sibling over one); Over Ones - £2.00.

Maximum charge per family/child-minder -£3.00. Visit our Facebook page for details of future events.

BAR HILL VILLAGE WEBSITE

www.barhill.org.uk

You can find updates on such matters as Northstowe, Topland and the environment on the Bar Hill Village website, along with lots of other important and interesting information.

If you wish to put an item on the website, get in touch with the webmaster by either follow the links on the website, or e-mail: barhill@machineconcepts.co.uk.

Your Bar Hill News is available - without advertising pages - at www.barhill.org.uk/bhn.php about 10 days before the paper copy is delivered.

- BAR HILL CHILDMINDERS -

If you are thinking of going back to work or would just like to have a bit of time to yourself, then why not leave your child in a friendly environment with a Childminder who is Ofsted registered, fully insured and First Aid Trained? Childminders offer a wide variety of activities including trips out to local toddler groups and parks, arts and crafts, music, stories and much more.

If you would like to find out more, you can call any of the Childminders listed below or just come along to our 'Little Bunnies' session on Thursdays to meet us all (see below).

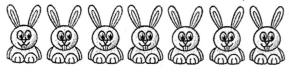
Childminders with current vacancies:

Terri 07846 018714

Kirsty 07584 168909 (under 5 space from July)

Melanie 01954 204496 (0–5yrs) Jacky 07718 447998 (over 5's)

Kirsten 01954 200228 (no vacancies at present)



'Little Bunnies' Toddler Group for Babies and Preschool Children and their Parents/Carers. We meet on Thursdays 9.45–11.15am in the Octagon (term time only) £2.50 per family/carer, or £1 per adult with one child under a year old. Includes soft drinks and healthy snacks for the children, hot drinks for the adults. We have a large range of indoor and outdoor toys.

'Little Bunnies' Sensory Sessions at the Octagon on Tuesdays from 9.45–11.15am during term time. Come and let your little ones experience a range of sensory activities, from messy play (aprons provided) to music and story acting!

Snack and drink for children; hot drink for adults included. £1 under 1yr; £2 per child; £3 for two or more children.

HAVING PROBLEMS WITH COMPUTERS OR NEW TECHNOLOGY?

The solution is to *Learn IT* with *Laura*. Professional and personal support and training in your home. T: 07889 261282; E: info@learnitwithlaura.co.uk; W: www.learnitwithlaura.co.uk.

APPLETREES PLUMBING & HEATING

94 Appletrees, Bar Hill CB23 8SW. City & Guilds Qualified; Gas Safe Register number: 564278.

All types of domestic plumbing, heating and gas work undertaken, including boiler installation and servicing; radiator installation and moving; heating system updating and installation; heating system cleaning and power flushing; inspection

and certification; bathroom installation; appliance installation; tap repairs; toilet repairs; install and repair water storage tanks; underfloor heating.

City& Guilds
Oualified

T: 01954 789039 or 07880 366689; E: info@appletrees.plumbing W: www.appletrees.plumbing



WILLINGHAM & LONGSTANTON SURGERIES

Willingham Reception: 01954 260230; Longstanton: 01954 207600; Dispensary: 01954 260073; District Nurse Team: 01223 726469 (option 2); Health Visitor: 01954 207612.

www.willinghammedicalpractice.nhs.uk.

Out of hours cover – please remember to phone Urgent Care Cambridge on 111 if you require medical attention when the surgery is closed. Accident & Emergency is only intended for life threatening conditions or if you are likely to need an X-ray.

Annual Blood Tests – it has been decided that when you come in for a blood test prior to your annual review appointment (often called "birthday bloods") you do not need to be fasting There will, however, be occasions when the doctor will ask you to fast for a blood test.

Travel Vaccinations – if you are travelling abroad this summer please remember to check if you need any travel vaccinations by booking an appointment with one of our nurses who will be happy to check for you.

Carers Support Meetings – our next meetings are on Wednesdays 4th May and 8th June. On 4th May, Lynette Hurran will be talking about Care-network, a free service offering short term volunteer help in the home. Care-network is sometimes used for up to three weeks after a hospital stay. The volunteer can shop, fetch prescriptions and a number of everyday tasks. Please feel free to pop along and find out more.

Cambridgeshire Hearing Clinics – the next clinics will be held at Willingham Surgery on Wednesdays 18th May, 15th June and 20th July. No appointment necessary, just pop in for your free NHS hearing aid batteries and for help and advice regarding hearing loss.

Qualified Physiotherapist – Olivia Auty-Mercer is at Willingham Surgery on Wednesday evenings 5–7pm. She offers a combination of deep connective tissue massage, orthopaedic massage and joint manipulation, treating a wide variety of complaints. Olivia specialises in sports injuries, nerve pain and stroke rehabilitation. To book an appointment please phone: 07913 887672 or 01954 781651.

Patient Participation Group – the next PPG will be at Willingham Surgery on Thursday 5th May 2–4pm. An opportunity to promote communication between the practice and its patients, and for you to be involved in local health issues which affect you and your practice, if you would like to get involved please come along. Shaven Unwin, Manager

- RAYNERS OF BARTON -

Sectional Buildings Greenhouses, Garages, Workshops, Chalets, Log Cabins, Carports, Summer Houses,

Sheds – Concrete, Steel or Wood, Conservatories – Aluminium or Hardwood.

DOUBLE GLAZING AT ITS BEST -

PVC-U or Hardwood Windows, Doors. Lance Rayner, Top Field Farm, 16 Cambridge Road, Barton CB3 7AR Tel/Fax: 01223 262888; Mobile: 07702 669026

EXPRESS ROOFING SERVICES

Flat Roofing Specialists

Emergency 24 hour Service Roofing for over 25 years

- * Insurance work
- * Guttering * Facia Boards
- * Garages & Extensions
- * Re-roofing & repairs

Prompt Reliable Service

201487 841008 Mobile 07860 680550 37 Greenfields, Earith

King & Co.

Solicitors

238, High Street Cottenham Tel: Cottenham 251818

Opening Hours:-

Mon. - Thur.

9.00 am - 5.00 pm

Fridays

9.00 am - 4.00 pm

No Parking Problems

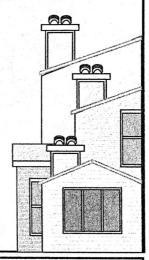
JT Carpentry & Joinery

General Domestic Carpentry & small Building work, Kitchens, Bathrooms, Wardrobes, Doors, Architraves, Skirtings, PVCu & timber Windows, Decking, Security locks, Stud walls, Insulation, Glazing, Cupboards.

City & guilds Apprenticeship served with over 40 years experience.

Telephone 07846-847808

www.johnnytno1.moonfruit.com



WE KNOW YOUR BUYER

Want to achieve the top price for your property?

can we help?

01954 781 411

8am - 10pm every day haart.co.uk

A LOCAL AGENT WITH BUYERS & KNOW-HOW

haart BAR HILL

UniPlumb



We offer a full range of plumbing and heating services including the following

- · Full bathroom installation & tiling
- Full central heating system installation
- Vented & unvented cylinder replacement
- Boiler installations / replacements
- Central heating power flushing

- Repairs & maintenance
- Shower installation
- Water softener installation
- Underfloor heating
- Kitchen installation

To complement the above, we can also provide electrical, carpentry and plastering services For a free quote please call 01954 212553 or email info@uniplumb.com Alternatively Visit our office at 117 Highfields Road, Highfields, Caldecote, Cambridge CB23 7NX



Cambs **Property** Bureau

Looking for a property to rent? Want to rent out your property? Call us on **01954 260200**

Email: enquiries@cpbm.co.uk www.cambspropertybureau.co.uk

Address: Unit 9, Highgate Farm, Over Road, Willingham Cambs CB24 5EU























Professional Painting & Decorating Ltd

- All aspects of internal & external decorating undertaken
- Period, residential & commercial properties
- City & Guilds qualified
- Full public liability insurance
- For quality & reliability at competitive rates
- References available
- A local established business built on reputation and recommendations









Tel/Fax: 01954 211775

Mobile: 07966 174431

info@jasonkirbyltd.co.uk

Andrina Baldock

SAC Dip. FHPP FHPT Foot Health Practitioner

Providing treatments in all aspects of foot healthcare in the comfort of your own home, including.....

Nail Cut • Callus •
Hard skin • Corn removal •
Fungal Infections • Athlete's Foot •
In growing Toe Nail • Orthotics •
Plantar Facilitis • Leg & Foot
Massage

To book your appointment, call Andrina on

07966 571 686

or email andrinab@btopenworld.com

Register for Foot Health Practitioners
Member

K & S SERVICES

Tel: 01954200869 Mob: 07548796094

All aspects of Carpentry and Joinery

Kitchen Fitting, Wall and Floor Tiling, Fencing

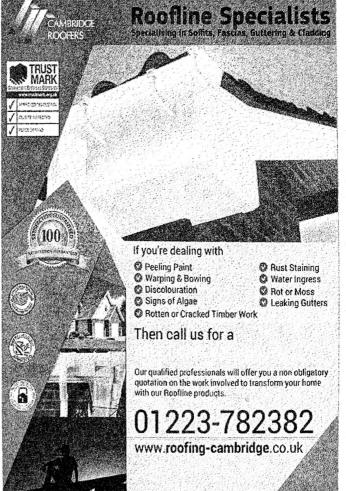
Internal/External Painting and Decorating

Laminate and Wood Flooring

Bathroom Refits, Heating Systems

FRIENDLY & RELIABLE LOCAL SERVICE
QUALITY WORK GUARANTEED







Opening times:

Mon Closed Tue 9.00am-5.30pm Wed 9.00am-8.00pm Thu 9.30am-7.00pm Fri 9.00am-5.30pm Sat 8.00am-2.00pm 89 High Street
Longstanton
780909
New direct phone to
Bethan's Beauty Shop

789100

- · We offer a full range of hair and beauty treatments
- · Gift vouchers available
- · Bio sculpture nail extensions and natural overlays
- KMS / Goldwell appointed salon
- . New for the summer St Tropez sprayton treatment
- · Appointments not always necessary

P&P Home and Garden

Call 01954 782198 or 07954 372516

Email: pphomeandgarden@hotmail.co.uk

we tailor our services to suit your needs

No job too small

Weekly, Fortnightly, Monthly or one off jobs

Friendly and reliable service carried out by local mums

We can offer:

Gardening Service
Cleaning Service
Dog Walking and Pet Service
Washing and Ironing Service

website:

www.pphomeandgarden.vpweb.co.uk

****** * *****







The Complete Gas Heating and Plumbing Company

Plumbing • Heating • Gas

Bathrooms • Water Softeners

Property Maintenance

Tel: 01954 204044 • Web: www.entiregroup.co.uk

Email: service@entiregroup.co.uk

Are you in need of a chiropodist?



For a professional service in your own home:-

201278

Christopher Bruckshaw MSSCh MBChA

A registered member of the British Chiropody Association



Little Acorns Extended Day Care



Little Acorns Extended Day Care is an out of school club registered to care for children age 2–11 years, from 8am–6pm during term time and school holidays. We are situated next to the primary school along the concrete track which leads to the Farmhouse. Please feel free to drop in for a look around. Flexible Hours can be booked any time during weekdays. Our current cost is £3.60 per hour. A 50% sibling discount is available and a 20% lone parent discount. Our breakfast club is open from 8am and is suitable for all ages.

Children have access to all three rooms in the building and the garden area throughout the day. We offer a wide variety of activities and resources where children can explore, investigate, learn, create and have fun.

We have a 'mini acorns' session for children who are just starting pre-school (from age 2). These are slightly shorter sessions (9–11.15am), open Monday to Friday term time only, in a separate, quieter room with a higher staff ratio (max 12 children per session with 3 staff). We employ only qualified and experienced staff who are caring and dedicated. Children can access 15 hours per week of free sessions under the Early Years Funding Scheme in the term after they reach 3yrs. Families on Income Support, or who fulfil the criteria for free school meals, may also be able to access 15 hours per week of free sessions for their 2 year old, via 'Free Twos' funding. Enquire at the children's centre for advice on applying for this.

If you would like more information or a registration form please e-mail: littleacorns.barhill@ntlworld.com, or phone Sally or Gail: 07851 803083 / 07982 238658 for pre-school age; for out of school care please e-mail:

mightyoaks.barhill@virginmedia.com.

The building can also be hired out at weekends/evenings for parties and family events. Please e-mail for a booking form if you are interested – you do not need to have a child at the preschool to use this facility.

- WILDLIFE TRUST - HUNTINGDONSHIRE LOCAL GROUP

You are invited to:

The Beautiful Bluebells of Brampton Wood: come and experience the delights of a carpet of bluebells in this ancient woodland. You are welcome to share this enchanting scene by participating in a guided walk on Sunday 1st May. This year there will be two walks; one at 10.30am and 2.30pm. Everyone is welcome. Meet at Brampton Wood Car Park, Grafham Road, Brampton at 10.30am and 2.30pm. [GR TL 184698]. Park in the Trust car park. There is no charge, but donations are welcome.

For more information please contact George on 01480 450809. Meadow Magic: a walk at Upwood Meadows on Sunday 22nd May at 2.30pm, where rich variety of flowers should be seen in the three meadows. Elusive turtle doves can sometimes be seen and heard. Everyone is welcome. Meet at Upwood Meadows Car Park, Meadow Lane, Upwood at 2.30pm [GR TL 251825]. Parking is limited so visitors are encouraged to car share, walk or cycle. There is no charge, but donations are welcome.

For more information please contact Tim on 01480 457795.

- BAR HILL TENNIS CLUB -NEW SEASON!

We remain in need of new members to help ensure the survival of the Club so please come and join us at our Adult Club nights! The new season starts on Tuesday 19th April and we look forward to seeing both old and new friends.

We invite all current, lapsed and new members to come along and play on the courts. Please encourage your family, neighbours and friends to come down to our club social nights to play some tennis. We welcome players of all abilities. Tennis is an excellent way to keep fit and enjoy the summer evenings in a relaxed and friendly environment. Our Adult Club nights are Tuesdays & Thursdays 7–9pm from 19th April 2016. We look forward to seeing you!

Our membership rates are very competitive: Adults £40, Family £80, Juniors £15. For full details pop down to see us Tuesday or Thursday evenings at the Courts, call us or visit our website.

Contacts:

Kevin Jackson, Chairman, 01954 781150 or visltd@yahoo.co.uk;

John Suchocki, Treasurer, 01954 780461 or i.suchocki@talktalk.net;

Paul Chubbuck, Secretary, 01954 781688 or paul.chubbuck@btinternet.com.

For more information give us a call or visit our web site www.barhilltennisclub.co.uk.

– FOR SALE –

Two items in excellent condition:

- Allsop TV/screen stand. Dark Walnut Finish.
 Size: 64cm x 33cm x 12cm (height). £20;
- Grey rug. Size: 112cm x 173cm. Pile in polyester, base in cotton and polyester. £20.

! Contact Daniele at 07789 309489. Located in Bar Hill.

TURNED YOUR HEATING OFF?

If you have, now is the perfect time to replace an old inefficient boiler with a new high efficiency unit. To cut your heating costs this year, call IJC today for a no obligation quote.

Not looking to upgrade? Why not flush your heating system and update the controls for more efficiency and smaller bills.

Call: 01954 782920 or visit:

www.ijcbuildingservices.co.uk.

IJC, 45 Viking Way Bar Hill, Cambridge, CB23 8EL. IJC is a family run Cambridgeshire business with over 30 years' experience. We offer a comprehensive range of domestic and small commercial works across all forms of plumbing, heating and renewable services.

LOVE LIFE - LOVE SLIMMING WORLD

Join our warm and friendly group at Bar Hill School on Wednesdays at 5.30pm or 7.30pm.

Want to lose weight and never feel hungry?

Call Chris on 07779 287055.

No pills or potions, just healthy wholesome food suitable for all the family.

Website: slimmingworld.com; T: 0844 897 8000



VILLAGE HALL 01954 782892

Our ethos is to ensure high quality care by focussing on each child's ability and interests. Our key person and buddy system enables our team of highly qualified staff to plan activities to reflect all the needs of our children. We offer fully flexible care between 9am–3pm, for children aged 2–5yrs and are registered for Nursery Education Funding (NEF) as well as the government scheme 'Funded 2's'. Please get in touch with Sarah or Michelle to arrange an informal visit.

The extended outdoor learning environment provides opportunities from growing fruit and vegetables for our snack bar to discovering worms, ladybirds and other creatures that share the area at the setting. We are proud to offer many additional learning experiences for your child with regular visitors to the setting as well as exploring the community around us.

The setting is intimate and comfortable and provides a safe environment for your child to learn and develop with their peers. The indoor area has a quiet corner for reading as well as a range of toys and equipment for your child to discover. We have strong ties with the community through visits to local businesses, the library and the church.

Parent/Carer Partnership

From September we are introducing Online Learning Journals where each parent can follow the development of their child in words and pictures via a secure login. Please contact us on the above telephone numbers or: enquiries@barhillpreschool.co.uk

Our setting manager as well as session allocation coordinator, Sarah, and her deputy Michele are always on hand to support you through the registration process. We look forward to meeting you and your child.

THE ALLOTMENT SOCIETY



Anyone interested in renting space to grow their own produce can be put on our waiting list for membership. Please contact Rob Lawrence, plot allocator, on 07788 590348. All other allotment matters should be addressed to: bhallotment@hotmail.com.

ANDY PURVIS MAD ABOUT MUSIC

Specialising in rare CDs, LPs and music memorabilia. Collections bought and sold, good prices offered.



E: <u>andy.purvis9@btinternet.com</u>; W: facebook.com/ madaboutmusic – stores.ebay.co.uk/cddirect

1...did you know... apples are more efficient than caffeine at waking you up in the morning?



- BAR HILL HEALTH WALKS - Free every Wednesday morning

Meet at Maple Surgery at 10:30am

Our walks are all weather (in case of rain you will find us under the church porch), free, and accessible to all, particularly those who are currently inactive.

Walks are 45–60 minutes long, and led by trained Volunteer Walk Leaders. Shorter walks may be available; contact Patricia or Josephine to discuss.

We meet locally after the walk for a hot drink and a chat. This is usually in the library, but may sometimes be at Costa, Tesco, or the Fox. If this is your first walk please arrive 10 minutes early to complete a short Health Questionnaire. Copies are available on the PPG noticeboard in Maple surgery, and at www.walkingforhealth.org.uk.

Contact: Patricia Daniels T: 07917 874402; E: danielsoohn@btinternet.com; or Josephine Powell T: 07901 558108; E: jopowell45@hotmail.com.

NEWSLETTER FROM HEIDI ALLEN

The last months have been incredibly varied – there is little an MP *doesn't* need to be up to speed with!

Recently, I co-hosted a meeting at Cambourne Village College, at which Heads and Governors from secondary schools across Cambridgeshire were invited to share anything on their minds. Difficulties with teacher recruitment was the main topic and we floated the idea of running a recruitment fair to help schools fill vacancies. I'll be looking at this over the next few weeks.

The Principals of Hills Road and Long Road came to Westminster this month to meet Minister Nick Boles. The Government is currently reviewing sixth form provision across the country, so we were relieved to hear he was fully aware of the excellent education these institutions provide and has no plans to change the way they are structured.

After Christmas, I met an inspirational group of mums who shared their difficulties with the Child Support Agency. The Government is currently moving CSA clients over to a new system, so now is the perfect time to review failings in the old system. The ladies came to Westminster to meet the Chair of the Work and Pensions Select Committee, of which I am a member, to convince him that this was an area the Committee should look at. I am delighted to report he agreed, so we will formally review the system and make recommendations. With all the recent drama at DWP, I'll be making sure that the new Secretary of State, Stephen Crabb, has a full in-tray!

And finally, over the last month I have been trialling a new way of running my surgeries. I've held two "no appointment necessary" drop-in events which proved really popular, with dozens of residents talking to me on a wide variety of topics. My next scheduled sessions are Saturday 21st May from 10.30–12.30pm in Duxford/ Whittlesford; and Friday 17th June from 6–8pm in Papworth Everard. See my website: www.heidisouthcambs.co.uk for details.

As always, don't hesitate to get in touch if I can help with anything. You can contact me by phone on 01954 212707 or via email at heidi.allen.mp@parliament.uk.

THE BLOCK PAVING COMPANY

Installers of Drives & Patios

- m individual block paving
- concrete setts
- paving slabs
- m natural stone paving
- m permeable paving

FREE QUOTATION WITHOUT OBLIGATION

Tel: 01954 205317

Mobile: 07850 919432

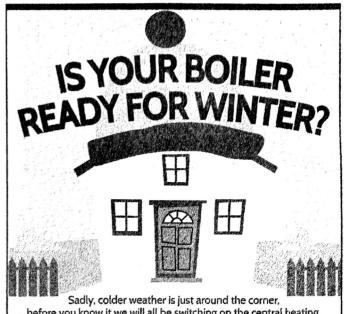
Email: sales@blockpavingcompany.co.uk

34 Partridge Drive

Bar Hill Cambridge

CB23 8EN

REFERENCES AND SERVICES OF www.blockpavingcompany.co.uk



before you know it we will all be switching on the central heating.

If you have been considering replacing an old inefficient boiler with a new high efficiency unit, now is the time to do it. Cut your heating costs this year, call IJC for a no obligation quote today.

Not looking to upgrade? Why not flush your heating system and update the controls for more efficiency and smaller bills.

> call: 01954 782920 or visit: www.ijcbuildingservices.co.uk

IIC is a family run Cambridgeshire business with over 30 years' experie We offer a comprehensive range of domestic and small commercial works across all forms of plumbing, heating and renewable services.

Irena Spence & Co Solicitors

Mount Pleasant House Huntingdon Road Cambridge, CB3 0RN

Tel: 01223 713300

mail@irenaspence.co.uk

Specialists in:

Residential & commercial conveyancing Wills & probate Family/Matrimonial

Also at 5 Green End. Comberton, CB23 7DY 01223 713300





QUALITY USED CARS

All Cars Multi Point Checked

★ Finance Arranged

Extended Warranties

🖈 Cars Bought for Cash

Your <u>local</u> car dealer owned by village residents who have all lived on the village for more than 35 years.

Viking Way, Bar Hill

TEL: 01954 782430

www.urbancarcompany.co.uk

R.PETCH . DECORATOR

Quality Workmanship since 1962

EXTERIOR PAINTING



INTERNAL DECORATING AND WALLPAPERING

FREE ESTIMATES

BAR HILL RESIDENT 1988 - 2004



TEL: 01223 861970

www.petch-quality-decorator.co.uk



Ash Croft Veterinary Surgery

HARDWICK

169 St Neots Road, Hardwick Cambridgeshire, CB23 7QJ Tel: 01954 210250

Monday - Friday - 8.30 to 10.30am & 4.30 to 7.00pm Saturday - 9.00 to 11.00am Sunday - 10.00 to 11.00am

PAPWORTH

Unit 1, Pendrill Court, Ermine Street North Papworth Everard, Cambridgeshire, CB23 3UY Tel: 01480 831615

Monday, Wednesday, Friday - 11.30am to 1.30pm Saturday - 12.00 to 1.30pm

Consultations by Appointment Only

www.ashcroftvet.co.uk

Andy's Kars Ltd

For Quality Servicing & Repairs

6 Viking Way, Bar Hill, Cambridge CB23 8EL www.andys-kars.co.uk Tel: 01954 782666



In our fully equipped, modern workshop, we'll cater for all your MOT. Servicing and Repairs requirements. On all makes of Cars and Light Commercial Vehicles



Opening Times: Mon-Fri 8:00am to 17:30pm Sat 8:00am to 12noon Honest advice with a smile, we go the extra mile!



- MAY BULLETIN -FROM CAMBRIDGESHIRE FIRE AND RESCUE SERVICE

Keeping vulnerable people in your community safe and well: we're asking you to be our eyes and ears in the community. Do you know someone living in your street who is vulnerable, elderly, or may just need some assistance with everyday life? These people could be at an increased risk of fire and Cambridgeshire Fire and Rescue Service would like to help keep them safe.

We offer free home fire safety checks to those who are potentially more vulnerable to incidents, however, we need your help to identify these people.

If you know someone who you think might benefit from a free visit from fire service staff, call 0800 917 99 94. You can also contact us through our website,

<u>www.cambsfire.gov.uk</u> where you find information about keeping vulnerable people safe from fire.

And don't forget to test your smoke alarm – and those of elderly relatives – by pressing the 'test' button on the device.

Contact: Follow us on social media, visit www.cambsfire.gov.uk or call 01480 444500.

LADIES INTERNATIONAL GROUP

The next arranged meeting, with foods of different countries and good company, is 10th June at 7.30pm at Jo Hall's, 11 Almond Grove, Bar Hill.

For other meetings phone 01954 780304, or e-mail: sadams@chesterton.cambs.sch.uk.

- DOBBIES -

Now summer is approaching our new opening hours are 9am-6pm Monday-Wednesday; 9am-7pm; Thursday-Saturday; 10am-4pm Sunday.

We now have a range of vegetable plants, fruit trees and grow bags. We also have a selection of our own top deals throughout store. These are market leading prices — you can't miss them, they're highlighted in black and yellow bunting. We are also offering our price match service: if you find prices for identical products cheaper at any other specialist garden centre, we will refund the difference. Terms and conditions apply.

Why not pop in and take advantage of our Dobbies reward card with even more benefits than before, including 10% off all plants, seeds and bulbs, 2 free hot drinks per month, 2 points for every £1 spent in store, plus exclusive 20% off events throughout the year for members only. All this for only £10 a year and a free gift if you join via direct debit.

Come in store and see our new furniture range, including a brand new large metal gazebo with side curtains for £299.99. We also offer 0% finance for 12 months on purchases over £500, with free delivery, and we have a new free furniture and BBQ catalogue available in store. Julie Griffin

OVER GP SURGERY

1 Drings Close, Over • CB24 5NZ Tel: 01954 231550 www.oversurgery.nhs.uk

Bar Hill Village Fête - 2nd July 2016 STALL BOOKING FORM

Contact Name:	Group/Organisation:
Address:	Landline + Mobile Numbers:
	E-mail:
	Contact Details on Fête Day:

Stall holders should aim to arrive from 11am on the day of the Fête and should be ready for trading by 2pm (the official start time). Vehicle movement on the village green after 2pm needs to be authorised by a Fête Organiser. You will be sent more information nearer the time.

Number of stall spaces	Village Organisations/ Charities	Free (Full Day)	22
(approx. 5m square): You will need to provide your own	Small traders (please circle which time slot you require).	2–6pm – £15 6–11pm – £15 Full Day – £30	
table and gazebo as we cannot provide you with any.	Food stalls/ large scale entertainment. Food stalls will need both a Health /Hygiene Certificate and Public Liability Insurance (please circle which time slot you require).	2-6pm - £15 6-11pm - £25 Full Day - £40	

Stall details:

Please return this completed form (with payment. Cheques payable to "Bar Hill Residents Association") to: Bar Hill Village Fête (Stalls), 75 Foxhollow, Bar Hill, Cambridge CB23 8ES.

All forms should be returned as soon as possible to guarantee a place but no later than the 1st June. If you have any questions please see our website <u>barhillvillagefete.barhill.org.uk</u> or contact us on 01954 781085.

Under the Data Protection Act 1998, we have a legal duty to protect any personal information we collect from you. In summary this means: we will only use personal information you supply to us for the reason that you provided it for, and we will only hold your information for as long as necessary to fulfil that purpose. We will not pass your information to any other parties.

BAR HILL COLTS FOOTBALL CLUB NEWS

Over £200 Sports Relief Donation

Some of our teams, the Ravens, Tornados and Rockets, raised money towards Sports Relief and the Colts matched this amount to double their money raised. So a grand total in excess of £200 was donated to Sports Relief. A huge thank you to all involved.

Bar Hill Ravens U15s Season Update

As I write this, we have 5 games to play and stand a great chance of promotion. The Ravens campaign has been terrific. The players have risen to the challenge of beating last year's 3rd place and are only one win away from securing a place in the Under 16 B Division. This represents excellent progress and exceeds expectations, just hoping I've not jumped the gun!

Scoring 76 goals in 15 games and with a goal difference of +49 the boys have stunning statistics. At Under 15 level, we have scored more than any other Cambridge Colts team across every division. Our last match was a thumping 9-0 away win against Haverhill, where a special mention must go to our goalkeeper Luke, who managed to get on the scoresheet! With Ely to play on April 17th can the Ravens get the vital win and get promoted? ... watch this space!

With great team spirit and huge backing from the parents and the Bar Hill Colts Football Club we are all proud of what the Ravens have achieved this season, and will continue to be so into next season. Thanks to everyone for your continued support.

Kevin Sargent (Ravens Manager)

Important date for your Diary: The Bar Hill Colts end of season awards ceremony will be held on Saturday 11th June 2016.

IH FITNESS ACADEMY

JH Fitness Academy, Bar Hill, completed a charity event on 9th April for Ovarian Cancer Action. Members and friends of the Academy took part in a 3-Hour Boxercise Class to help raise awareness of ovarian cancer, the UK's most deadly gynaecological disease, which claims a life every two hours in the UK.

The boxercise session was organised by owner Junior Herbert in conjunction with Ovarian Cancer Action's Box 2 Beat Cancer, the first national fundraising campaign to team up with Boxercise. Events were held all over the country to raise money for the charity. JH Fitness Academy was proud to host their event and, to date, an amazing £1,505 has been raised. It was a great day, everyone had fun and worked really hard. More importantly, money and awareness was raised of this horrible disease.

If you would like to make a donation to Junior's fundraising page you can do so at www.justgiving.com/ box2beatcancerJHFitnessAcademy.

For more information on ovarian cancer, please visit: www.ovarian.org.uk, or call 020-7380 1730. For more information on Boxercise and fitness classes, contact Junior on 07900 55963; 01954 789911 or at ihfitnessacademy.co.uk.

For all your Painting & Decorating needs. S. DYE Please call 07806 629972 or 01954 230484.

COUNCILLOR NOTES -

The Council owned housing company set up to generate profits to reinvest back in the services local people want and need has been shortlisted for a national innovation award. Ermine Street Housing was set up by South Cambridgeshire District Council (SCDC) to help offset significant cuts to funding from Government and plans will see an annual profit of around £600,000 per year ploughed back into Council services.

Ermine Street Housing was shortlisted for the 'Reinventing Public Services' award which states that "local authorities will have no option but to undertake fundamental, wholescale reinvention to maintain the services people value."

SCDC has been shortlisted alongside Ashfield District Council, Devon County Council, Ealing Council, Plymouth City Council - CaterED and Warwickshire County Council. Ermine Street Housing owns and manages a property portfolio of over 50 homes and manages a further 140 on MOD sites in Waterbeach, Bassingbourn and Brampton. SCDC owns and manages its own stock of 5,500 council houses with Ermine Street Housing being set up so the Council could operate in the private sector. For more information on Ermine Street Housing, and to see the properties available to rent, visit

www.erminestreethousing.co.uk, or call 01954 713099.

First housebuilder has been confirmed for Northstowe - Bloor Homes has been confirmed as the first housebuilder at the new town of Northstowe after an agreement was confirmed with developers Gallagher. The Bloor Homes site will see 92 new homes built with a range of house types and sizes up to five bedroom properties.

And of course elections: Thursday 5th May for the Police and Crime Commissioner, Police and Crime Commissioners are elected by the public to make sure the policing needs of communities are met as effectively as possible and to oversee how crime is tackled in Cambridgeshire. Please take a look at the South Cambs website. If you need any help with accessing forms please contact myself or Roger. Also contact us if you have any questions or queries:

Bunty Waters T: 01954 201421/07734 690580;

E: bunty.waters@ntlworld.com;

Roger Hall T: 01954 780304;

E: roger.hall90@ntlworld.com.

FOR SALE Fold up single bed for sale.
Good condition £30 ono. 07866 164950

STORYTIME AT BAR HILL LIBRARY

Stories and pictures, rhymes, songs and craft activities from 10.30am on 7th May (the first Saturday in the month rather than the usual second).

For pre-school children and their older brothers and sisters who are accompanied by an adult - parents, grandparents and other adult carers are all welcome -Storytime offers half an hour or so of book-based fun. We hope to return to a regular pattern of two sessions a month before long. In the meantime there may be some late changes to the dates of sessions. If you are interested in becoming a Storytime leader and are aged over 18, please talk to the Library staff.

FINBOW FRAMING (inc Warwick Fine Art Prints)

We provide a local, friendly and bespoke framing service. Framing for paintings, photographs, Tapestry, Certificates, Memorabilia etc

Warwick Fine Art Prints now have a stock of over 1000 antique prints and maps, many of Cambridge. These are available simply mounted or framed. We can also provide restoration work on damaged items.

Please feel free to get in touch with
Julian on 07952 295861

www.finbowframing.co.uk
finbowframing@hotmail.com

Oakington Garden Centre

Large selection of plants, pots and garden sundries

Open:

Monday - Saturday 9am to 5pm Sundays 10am to 4pm

Oakington Garden Centre,
Dry Drayton Road, Oakington.
Tel. 01223 234818
Fax. 01223 236823
Email. oakingtongardencentre@hotmail.com







Jim Edwards

Gas appliances, Plumbing and Heating
Gas Boiler Service from £59

New Boiler Installations

Powerflushing service from £199

Bathroom Installations & Showers

Landlord Certificates & Gas safety checks

All plumbing work undertaken, local friendly service. Fully Insured.

01954 267054

07870520702

www.cambridge-plumber.co.uk



jim-edwards@live.co.uk





Bar Hill Dental Clinic
Hanover Close, Viking Way,
Bar Hill
Cambridge CB23 8EH
01954 781616
www.cambridgedentist.co.uk
bhdc29@gmail.com

Complimentary consultation for Cosmetic Dentistry Teeth Whitening Dermal Fillers Botox

We are currently accepting children and adults with a valid exemption (eg. Income support, pension credit, pregnant etc) as NHS patients

NOT TOO NEAR, NOT TOO FAR

FOR INDEPENDENT FINANCIAL ADVICE

on investments, regular savings, pensions, life cover, inheritance tax planning etc

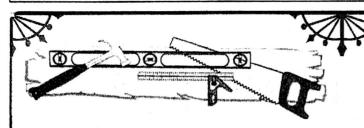
Contact: NIGEL BOLITHO OF BV SERVICES

185 High Street, Cottenham, Cambridge, CB24 8RX

Tel 01954 251521

Email: Bolitho@enterprise.net

Authorised and regulated by the Financial Conduct Authority



DAVID HUMPHREY

CARPENTER & JOINER

01480 432275

In need of any work doing around the home, but haven't got time to do it?

Then look no further ...

- ★ Carpentry & Joinery
- Windows & Doors
- ★ Exterior Finishes
- * Roofing
- * Home Security
- * Conservatories
- * Loft Conversions
- * Home Extensions



Mob: 07788 428680

Fax: 01480 451566

No job too large or too small Quality work at realistic prices



Rothwell's

Carpet Cleaning

Carpet Cleaning

& Stone Floors, Upholstery, Rugs A few points that make us stand out

Rothwell's has been in business since 1993 We're an honest local family firm. Our large truck mounted machines mean more cleaning & drying power for excellent results.

Members of both the NCCA and TACCA. We will move the furniture. 100% satisfaction or it's FREE.



Call Oliver and Max Campbell for expert help today. 01223 832 928 www.Rothwells.biz

M&M

Heating & Building Services

Full Gas and Oil Boiler Installation

Full Heating Systems

Boller Servicing and Landlord Certificates

Power Flushing

Full Bathroom Design and Installation

All Plumbing Works Large and Small

Extensions, Alterations and Repairs

Refurbishment and Renovations

Kitchen Design and Installation

All Carpentry Works

All Building Works Undertaken

Painting and Decorating



Mob: 07766 281962/07832 261791



info@mandmheating.co.uk . www.mandmheating.co.uk 10 SOUTH ROAD, IMPINGTON, CAMBS, CB24 9PB

MAY CROSSWORD

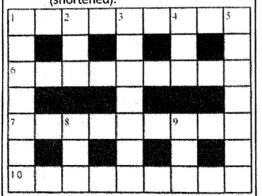
Across: 1. limitless, 6. organise differently, 7. lighting for a romantic dinner,

10. three-leafed form.

Down: 1. Dutch city & province,

2. constricting snake, 3. Maurice French artist, 4. lair, 5. sang together,

8. name born with, 9.woman's name (shortened).



SOLUTION FOR APRIL

Across: 1. glandular, 6. edelweiss, 7. table tops, 10. digitalis.

Down: 1. greeted, 2. ale, 3. dewiest, 4. lei,

5. resists, 8. bag, 9. oil.

BIN COLLECTION DATES

Weds. 27th April green and blue bins

Thurs. 5th May black bin

Weds. 11th May green and blue bins

Weds. 18th May black bin

Weds. 25th May green and blue bins

Thurs. 2nd June black bin

Weds. 7th June green and blue bins

Weds. 14th June black bin

Weds. 22nd June green and blue bins

Weds. 29th June black bin

BAR HILL SCHOOL

tel: 01954 273305; fax: 01954 273306; e-mail: office@barhill.cambs.sch.uk website: www.barhillschool.co.uk

After a lovely Easter break, the staff and children have come back refreshed and ready for the summer term. We have a lot happening this term and we are looking forward to all the new challenges ahead. Unfortunately, the return was tinged with sadness at the loss of one our beloved colleagues, Dawn Miller. Dawn had been employed at the school for 21 years and also looked after the children at the after school/school holiday club, Mighty Oaks. She was much loved by many children in the village. Her funeral and wake afterwards showed just how true that was with many coming to both. The funeral and wake were a reflection of a woman who was always smiling and loving others, no matter how hard or easy life was. She always put the children in her care first. Dawn will be missed by us all. On Friday, 10th June we will be having a 'Whole School Family Fun Day' on the school playing field. It will start after school and run from approximately 3.00 to 6.30pm. The PTA will have a barbecue, licensed bar and various bouncy activities. There will be ice cream and cake stalls as well as the various stalls the children and classes will be running. There will also be some live music to enjoy! Everyone is welcome to join us.

Dawn's funeral has shown what a close knit and supportive community there is here in Bar Hill and it would be lovely to see you all down celebrating with us that day. See you then!

Dr al Mistrano, Headteacher

HAIR2U

Professional Mobile Hairdressing covering Bar Hill and surrounding areas. Call Caroline on 07843 238718

- COUNSELLING -IN BAR HILL

Depression, Anxiety, Stress, Bereavement,
Addiction, Couples etc.
Experienced counsellor practising at
The Maple Surgery.
Immediate appointments available.
Telephone Mark on 07905 833288,
E: info@thecambridgecounsellor.co.uk;
or visit www.thecambridgecounsellor.co.uk

INTERNATIONAL SINGING GROUP

Chesterton Community College
Join us on Fridays from 12.30–1pm to learn songs
from other countries.
Free to join!

Contact Sarah Adams: Sadams@chesterton.cambs.sch.uk.

- FOR SALE -

Gorgeous unworn wedding dress ex-display vintage-style 80's "princess ball-gown" pearl/crystal encrusted bodice, cap-sleeves and train. Luxury quality satin with pearl/crystal lattice-lace details to sleeves full skirt and train. Really beautiful. Size 14–16. £125 o.n.o.
Try on your house or mine. 07802 720664.

MAY PUZZLE Form nine, nine letter Novelists in alphabetical order.

В	L	Α	1	Z	G	0	0	D	2			Α	U	K	М	0		
С	Н	1	1	S	Н	0	R	Е	Q.	10		G				-	,	. ,
С	K	Μ	1	Т	Н	Р	Α	S	- †·	i Ng	2	ᆚ			1.72		71	- 1
D	S	М	1	Т	Z	R	Α	T				М		2				
Е	D	G	К	0	W	R	Т	H	-3-		ž.	Н	Ε	R	W			, 1
Е	R	W	M	Α	Ν	S	Α	R								1		5 - 1
Е	W	0	М	1	Т	S	0	N	1		,	1			2	S		
G	0	L	М	0	N	Т	Ε	R							t our n	R		
H	Ε	Μ	N	Α	K	W	¹ A	Υ	9			S	Т	Ε	R			

Solution for April: AUTOLYCUS, CLEOPATRA, DEMETRIUS, DESDEMONA, ENOBARBUS, FERDINAND, KATHARINA, PETRUCHIO, SEBASTIAN.



RESIDENTS' ASSOCIATION

Interested persons are always welcome at Residents' Association meetings. They are usually held on the first Tuesday of the month at 8pm in the Parish Council office.

Next meetings:

3rd May, 7th June.

- EVENTS CALENDAR -

ı				
	date	event	where	time
	30 April	Spring Fling & Craft Fair (page 15)	Hatton Park School	11am-3pm
	30 April	Freddie Hall Band (page 30)	Over Community Centre	at at
	1 May	Wildlife Trust walk (page 21)	Brampton Wood Car Park	10.30am & 2.30pm
	2 May	Rosie stall at Farmland Museum Craft Fair (page 15)	CB25 9PQ	10.30am-4pm
1	2 May	NO HAPPY HOURS		
	5 May	8 O'Clock Club (page 5)	School	8pm
	7 May	Community Market (page 3)	Octagon	10.30am-2pm
	7 May	Storytime (page 26)	Library	10.30am
	12 May	Parish Council A.G.M. (page 1)	Octagon	7.30pm
	12 May	Bar Hill Litter pick (page 1)	meet at Parish Council	10am
	12 May	NWR – Clocks and Timepieces (page 3)		8pm
	14 May	NWR – Area Meeting (page 3)	Hemingford Abbots	
	17 May	Memories of Cambridge (page 30)	1/1	10am & 2.30pm
	22 May	Wildlife Trust walk (page 21)	Upwood Meadows	2.30pm
	24 May	Book Club (page 4)	The Fox	7.30pm
	24 May	Health & Wellbeing Club (page 3)	Tesco Comm. Room	2.30pm
-	26 May	NWR - It really annoys me when (page 3)		8pm
-	30 May	NO HAPPY HOURS		
A STATE OF	4 June	Community Market (page 3)	Octagon	10.30am-2pm
-	9 June	NWR – Herbs and plants (page 3)		8pm
-	10 June	Whole School Family Fun Day (page 29)	School playing field	3-6.30pm
Total Control	11 June	Bar Hill Colts end-of-season Awards (page 26)		

Over Community Centre presents

FREDDIE HALL BAND

Saturday 30th April

Join us at Over Community Centre for a night of Soul, Motown and R&B from this five-piece band!

Fancy dress optional. Raffle. Tickets £10 available from Over Day Centre, 1 Drings Close, Over, CB24 5NZ.

Registered Charity No: 800829

Cambridge Manor Memory Café Event for Dementia Awareness Week

"MEMORIES OF CAMBRIDGE"

17th May 2016

Cambridge Manor Care Home and The Museum of Cambridge would like to invite you to reminisce about Cambridge-of-old over a nice cup of tea.

10am–12:30pm: an opportunity to record your memories for the Capturing Cambridge Project.

[please use details below to book]

2:30–4:30pm: Reminiscence Tea with the opportunity to have a closer look at some of the museum's collection. This event is wheelchair-friendly and free of charge. For more information please contact 01223 363904, or contact Emily Bailey at

activities@cambridgemanor.co.uk. www.capturingcambridge.co.uk

- FOR SALE -

Folding guest bed 80cm wide. Integral headboard acts as shelf when folded for storage. £30.
Please phone 01954 201269.

JONATHAN SAGE and the KEATS STRING TRIO

St Andrew's Church, Swavesey, CB24 4QJ Sunday 26 June, 7.30pm

Jonathan Sage is an internationally acclaimed clarinet player. He attended Swavesey Primary School and Swavesey Village College. We will be treated to a preview of a programme which the quartet will subsequently be touring across the UK.

The programme will include:

Mozart Clarinet Quartet No 3;

Crusell Clarinet Quartet Nº 2 in C minor;

Krommer Clarinet Quartet in Bb

Performance by:

Jonathan Sage: Clarinet, Charlotte Fairbairn: Violin, Heather Bourne: Viola,

Elisheba Stevens: Cello.

Tickets: £10 (under 16s free) from Jacqui Fuller, 01954 230774, or e-mail swaveseytickets@gmail.com.

HOME/PET SITTING

Bespoke service for pets in their own home.

Police checked and fully insured. Discretion assured.

From feed visits to living in.

Tel: GINNY on 01223 232972 or 07980 042601.

...and finally

...to those readers who enjoy spotting errors in the Bar Hill News, I've left in two deliberate mistakes this month. Happy reading! *Ed.*